

Uma isandulela-ngculazi/  
ingculazi ithinta impilo  
yakho ...



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## Awulitshelwe

Kungenzeka ukuthi ungomunye kwabayizigidigidi ezweni lethu abahaqwe nabakhahlanyezwe yigciwane lesandulelangculazi noma ingculazi. Njengabo bonke abakhahlanyezwe yigciwane lengculazi nengculazi, kungenzeka ukuthi uhlaselwa yimizwa yokuphoxeka, ukudinwa nokuzizwa uphelelwa yithemba uba nokulahlekelwa ngenhla yokwesaba ukuthi wena noma labo abaseduze kwakho bazobalekelwa.

## UNkulunkulu uyanakekela!

IBhayibheli liyasibonisa ukuthi uNkulunkulu unothando nokunakekela okukhulu kulabo abalahliwe nababandlululwa wumphakathi. Uma uzizwa usele dengwane uNkulunkulu uyasondela kuwe ngezandla ezivulekile:

UNkulunkulu uyisiphephelo sethu  
namandla ethu;  
ufunyaniswa elusizo impela  
ekuhluphekeni.

**AmaHubo 46:1**

“Zanini kimi nina nonke enikhatheleyo nenisindwayo, mina ngizakuniphumuza. Bekani ijoka lami phezu kwenu, nifunde kimi, ngokuba ngimnene, ngithobile ngenhliziyo; khona imiphefumulo yenu iyakufumana impumuzo. Ngokuba ijoka lami lihle, nomthwalo wami ulula.”

**NgokukaMathewu 11:28-30**

**\*Wonke amavesi acashunwe  
eBhayibhelini lesiZulu lango 1959/1997.**

## UJesu weza emhlabeni ukuzosindisa, hhayi ukuzokwahlulela

“Ngokuba uNkulunkulu walithanda izwe kangaka, waze wanikela ngeNdodana yakhe ezelwe yodwa ukuba yilowo nalowo okholwa yiyo angabhubhi, kodwa abe nokuphila okuphakade. Ngokuba uNkulunkulu kayithumelanga iNdodana ezweni ukuba yahlulele izwe, kodwa ukuba izwe lisindiswe ngayo. Okholwa yiyo kahlulelwa; ongakholwa usahlulelwe.”

NgokukaJohane 3:16-18a

“Kepha mina ngiyazi ukuthi  
uMhlengi wami ukhona;  
ekupheleni uyakuma othulini.  
Nalapho sesishabalele isikhumba sami,  
ngiyakumbuka uNkulunkulu  
ngikhululekile enyameni yami,  
engiyakumbona uqobo lwami;  
amehlo ami ayakumbona,  
kungabi njengomfokazi;  
okuphakathi kwami kuyaphela  
esifubeni sami.”

UJobe 19:25-27

## Imikhuleko yethemba kulabo abahluphekayo

“Ungesabi, ngokuba mina nginawe;  
ungapheli amandla,  
ngokuba mina nginguNkulunkulu  
wakho;  
ngiyakuqinisa, futhi ngiyakusiza,  
yebo, ngiyakusekela ngesandla  
sokunene sokulunga kwami.”

U-Isaya 41:10

Kepha iNkosi yokuthula uqobo mayiniphe ukuthula ngezikhathi zonke nangezindlela zonke.

2 kwabaseThesalonika 3:16a

Shayela abakwa-Aids  
Helpline ku:

**0800 012 322**

noma uxhumane  
nebandla okhonza  
kulo ukuze uthole  
ukwelulekwa.



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